



D E R M A Z E N I T H

ZO Home Peel Instructions

Days 1 -5 (or 3 days if mild peel is advised):

Apply your products in the following order:

1. **Cleanse AM + PM**
2. **ZO Daily Power Defense AM + PM**
3. **ZO Radical Night Repair AM + PM** (use 5 pumps for a mild peel, 8 pumps for moderate and 10 pumps for strong peel. Make sure to massage the product into the skin until it is all absorbed.) ***Do not apply directly to the neck—the skin is too sensitive to handle this peel—and avoid the eye area as the product will travel***
4. **Sun protection! This is a non-negotiable! Even if you are inside all day, put on your SPF.**

Post-Peel Recovery (starting day 4 or 6, depending on how long you perform the peel).

Apply products in the following order:

1. **Cleanse AM + PM**
2. **ZO Daily Power Defense AM + PM**
3. **ZO Hydrating Product of Choice** (ZO Hydrating Crème, ZO Recovery Cream, or ZO Renewal Cream). **Re-apply your hydrating product (step 3 above) as much as needed throughout the day; we recommend at least 5 times per day.**
4. **Sun protection! This is a non-negotiable! Even if you are “inside all day”, put on your SPF.**